



First Annual Texas Monlam **SUPREME ASPIRATION PRACTICE**

Please join Tashi Nyima and the Sangha as we offer lights and recite prayers to:

- ☸ Develop the definitive aspiration to attain perfect enlightenment ☸
 - ☸ Cultivate right view, deep meditation, and pure conduct ☸
 - ☸ Prolong the lives of Dharma Teachers ☸
 - ☸ Unite, expand, and harmonize the Sangha ☸
 - ☸ Dispel disease, scarcity, and warfare ☸
- ☸ Bring peace, clarity, and happiness to each and every sentient being ☸

Saturday, November 17, 2012
10 AM to 1 PM, at the Dallas Meditation Center

PLEASE BRING FLOWERS, FRUIT, AND KATAS (OFFERING SCARVES) IF POSSIBLE