

WellWarrior

LifeForce Yoga

For Veterans & Significant Others

Learn ways to Regulate Moods and Calm Spirits
find Structure and Meaning again



Picture from: Yoga Warrior

Sundays 16:00–16:45

January 13, 20, 27

Dallas Meditation Center **727 S. Floyd Rd, Richardson, TX 75080**

Please reserve your place
due to limited space

Classes are free, please pass on to those whom might benefit.

Tzivia@HealingCircleCenter.org to register. 214-232-5159

www.HealingCircleCenter.org