

Serene Harvest

-Art of QiGong, Meditation & Yoga-
offer

Radiant Lotus Women's QiGong

at

Dallas Meditation Center

Saturday February 23, 1-4:30pm

Saturday March 30, 1-4:30pm

Come in comfortable clothes and enjoy yourself in the spirit of optimum health!

Spring
2013

Registration Form

For registration and questions, E-mail: sereneharvest.qigong.yoga@gmail.com

Please fill out this form (please print) and return with payment to: Serene Harvest, c/o Maria Silen, 2401 Canyon Creek Sherman, TX 75092.

Name: _____

Address: _____ City: _____ State: _____ Zip _____

Telephone #: (Days) _____ (Nights) _____

E-Mail: _____

Please sign me up for Radiant Lotus Women's QiGong workshop with Maria Silén (✓)

() February 23, 1-4:30pm

() March 30, 1-4:30pm

Payment: (✓) () Cash () Check — **Payable to: "Maria Silen"** () **Pre-Payment:** up to **5-days early:** \$ 30/w-shop.

() **At the door:** \$ 40

(Not refundable)(Cash or check only)

Signature: _____ Date: _____