

# Heart Sutra Retreat

The *Prajnaparamita Hridaya Sutra* (literally, The Heart of the Perfection of Wisdom) often described as “the best-known and most popular Buddhist scripture”, is a fundamental teaching and practice on emptiness and the nature of reality.

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Join Tashi Nyima for the Heart Sutra Transmission,  
Teaching, and *Jenang* (Empowerment for Practice)

Saturday, November 23, 2013

10 AM - 5 PM

(VEGAN LUNCH WILL BE SERVED)

Dallas Meditation Center

*No fee. Voluntary contributions gratefully accepted.*